

IMPACT REPORT 2022



Creating a world of belonging



“The bond between them is something else.

This guy Liam is the most genuine, caring, thoughtful person! He has been consistent and supportive to my son through losing his father last year and through life situations. My son always comes home [from his weekly hangouts with Liam] with a happy attitude.”

– Mum of 11 year old

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Together, we're supporting Aotearoa's young people to feel a little brighter and a little more loved than they did yesterday.

Your generosity has impacted 965 lives in 2022 and created \$1,702,712* of social value!

Thank you so much!

*Including our Upside partners. Based on ImpactLab's analysis, 2020, which showed Upside generated a social ROI of \$1:\$4.70

A message from our Chair

Kia ora,

It's an honour to have served on Upside's board of trustees for over 10 years. The resilience and compassion of the people involved in this organisation have always touched me deeply. Together, we share a common goal of making a difference in the lives of young people through mentoring. I want to extend my heartfelt gratitude to everyone involved, including volunteer mentors, supporters, teachers, parents and most importantly, the young people themselves.

In 2022, we began to regain a sense of normality post-COVID, with the safe return of events to further support mentoring relationships. Pool Day, a safe adaptation of the annual Beach Day, marked the start of our gatherings, with another highlight being the overnight Camp in November.

Amidst these positive developments, there were internal changes, notably the departure of Dave Robertson, our co-founder and CEO. Dave has left an enduring legacy at Upside, and we bid him farewell with well wishes and gratitude for his remarkable leadership and achievements. Following his departure, we focused on recruiting a new CEO, and in August, Jenny joined the team, bringing her valuable skills for Upside's next phase.

Transition periods between CEOs can be challenging, but the Upside team demonstrated exceptional skill in navigating this phase. Recruiting is very often a difficult process, however the team remained patient, knowing that finding the right fit was definitely worth the wait. There was trust in the team to seek guidance from the board and maintain momentum. In the absence of a CEO, I actively participated in team meetings, which brought me joy through connecting with the team and hearing the inspiring stories they shared.

One story that really connected with me as a father of four, was about a young girl in our programme who is the oldest sibling in a single-parent household. Her youngest sibling who was soon to turn nine, said he hoped for a mentor for his birthday, just like his big sis. Thanks to our Mentoring Coordinators, he was matched with a wonderful mentor, and his father has seen positive changes in his happiness and communication. It's truly incredible to witness the impact we can have on the lives of young people and indirectly support their parents, which reduces household stresses.

Thank you again to each and every one who has taken part in Upside's 2022 mahi. Many hands make light work so I appreciate the important part you play in Upside's journey to improve lives of our tamariki and rangatahi across Tāmaki Makaurau.

Arohanui,



Greg Langton
Board Chair

A note from our CEO

Tēnā tātou,

When I stepped into the well-worn shoes of the legend Dave Robertson in August, I felt a deep responsibility to honour Upside's rich legacy, while also readying the organisation for the future. I'm delighted to say, I inherited a wonderfully supportive board, a passionate team, and a world-class, evidence-based programme – which provides us with a fantastic foundation for growth.

I would also like to acknowledge the incredible resilience of the Upside team, throughout 2022. Amidst the challenges posed by COVID, months without a CEO, and the transition to new leadership, they demonstrated grace, agility and tenacity. They held to Upside's guiding principle of "what is best for the child", which over time has fostered a culture of continuous learning and adaptability – essential traits for sustainability and success.

As we move forward, we're mindful of the sharp rise in depression, anxiety, crime and truancy among young people in Aotearoa. There is an urgent need for early intervention for tamariki and rangatahi facing overwhelming challenges. And the evidence is clear: mentoring can be a game-changer.

While Upside is already regarded as one of the leading organisations in our field, we have set ourselves a challenge to continuously improve our practices and evolve our model to ensure that we create the best opportunities for long term social impact. We couldn't be more excited about what lies ahead for Upside and the communities we serve.

In 2022 we said farewell to Mentoring Coordinators Stevie and Jo, who left to enjoy full-time parenting, as well as Fleur in Comms who kicked off her big OE, and Kimbo in Programme Events who embarked on a new career in ECE. We were joined by contractors Olive and Rowan in Comms and Grant Writing respectively. The year wrapped with a capable team of nine part- and full-timers.

I would like to express my deepest gratitude to each of our valuable supporters and volunteer mentors. Without you, the incredible outcomes we're seeing in the lives of vulnerable young people would simply not be possible! Your commitment to Upside is enormously appreciated by our team.

As you read the stories and outcomes in the following pages, I trust you'll be inspired. Thank you so much for your support – together we are transforming young lives, every single day.

Nāku iti noa, nā



Jenny Horst
CEO

Transforming lives through mentoring

What a journey we're on together! With your support, Upside has positively impacted the lives of over 5,000 people since 2006 – including tamariki and rangatahi, their whānau*, and the mentors who walk alongside them! Research shows that the benefits are rippling across the entire community.

Driving us forward is our vision to create communities of belonging, through transformational mentoring relationships.

Upside works hand-in-hand with schools in high-needs communities across the South-East, Central-West and North Shore of Auckland. Schools refer young people to Upside, aged nine to 13, each of whom has faced adverse experiences during their formative years. Among them, 73% live in poverty, 82% are from single-parent families, 84% have experienced neglect, and nearly half have been exposed to violence. Many are struggling with anxiety and depression, with 33% at risk of suicide. Without early intervention, they risk a multitude of poor life outcomes.

But mentoring can be the circuit-breaker.

Upside responds by vetting, training and matching volunteer mentors with these young people. They meet together for at least two hours every week, for a full year.

Overtime, little miracles unfold. As the mentor 'holds space' for their young person – listening, laughing, caring, and creating magic moments while baking cakes, walking on the beach, or kicking a ball – the young person grows remarkably in confidence and courage. Coping skills increase, and the parents/ caregivers and schools notice a tangible shift in behaviour.

It's a privilege to partner with you to deliver these significant outcomes for the young people of Aotearoa.

*Based on an average of three family members impacted, in addition to the mentored child and volunteer mentor.





Changing lives across Auckland

42
new matches



46
new mentors trained



102
mentoring relationships supported



510
total beneficiaries



6,237
hours of mentoring





39
new matches

42
new mentors trained

Changing more lives through our
PARTNER ORGANISATIONS



455
total beneficiaries



4
partner organisations

91
mentoring relationships supported



Daryl, our Partnerships Manager (right), with our partner in Tauranga: Tipu Skills for Life.



Springboard in Mahurangi

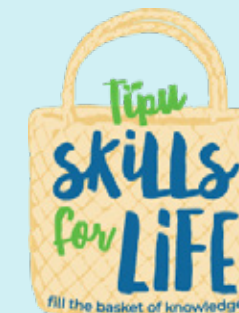
29 mentoring relationships supported
13 new matches
10 new mentors trained

Springboard has been successfully working with at-risk youth, aged 8-24 years, and their families since 2002. Springboard's toolkit of programmes includes alternative education, an intervention programme for youth offenders, work transition initiatives to help young people gain employment, wellbeing support services including parenting courses, counselling and practical support, community engagement initiatives, and Upside's mentoring programme as an early intervention.

Springboard have partnered with Upside for more than 10 years.

“Upside’s feedback, input and inspiration continues to be invaluable to us. The team at Upside are regularly reviewing and improving their systems and processes, as well as generating new thinking ~ the outcomes of which are beneficial for us all. Our partnership gives us confidence that we are delivering an effective service.”

– Sheralyn, Mentoring Coordinator, Springboard



Tipu Skills for Life in Tauranga

29 mentoring relationships supported
10 new matches
10 new mentors trained

Tipu Skills for Life provide long term, early intervention for 9-11 year old girls, with a therapeutic approach. They started in 2011 and are now connecting with over 70 participants a year through four local schools. Tipu run an intensive year-long programme to build self-worth and nurture the strengths of each participant, helping with the acquisition of practical life skills that make a lasting positive change. They also work closely with the whānau and community. Through their partnership with Upside, Tipu have been able to offer a mentoring service for the girls that have completed their eight week 'Tipu Skills for Life Programme' in school.

Tipu have partnered with Upside since 2019.

“It is with pleasure and gratitude, that we reflect on another year in our relationship with Upside Youth Mentoring. Upside continues to amaze. Their systems, follow-through and advice, especially from Daryl, has been a huge benefit to our Tipu Skills for Life staff and mentors. We want to applaud the work of Upside and their professionalism in maintaining a partnership relationship with agencies like ours.”

– Stuart, National Director, Tipu Skills for Life



Coast Youth Community Trust in Whangaparoa

33 mentoring relationships supported
16 new matches
17 new mentors trained

Coast Youth Community Trust (CYC) is the leading support hub for rangatahi on the coast. They partner with young people through relationships, investing in their hauora (health and wellbeing) and creating pathways for positive futures. Their mission is to build resilient individuals and a stronger community by offering a safe and inclusive space where young people can access counseling, educational support and recreational activities, as well as mentoring support through Upside's programme.

Coast Youth Community Trust have partnered with Upside since 2020.

“We are so thankful to have continued support from Upside as we deliver their programme in our community. Not only have Upside developed a rich programme, backed by years of experience and research, they also provide genuine care and support for us throughout the year. It is such a joy to work alongside them! We love their heart for seeing rangatahi supported, and having the opportunity to do this mahi with them backing us is so valuable.”

– Sarah, Mentoring Coordinator, CYC



Papatoetoe Adolescent Christian Trust (PACT) in South Auckland

5 mentors trained, ready to be matched

PACT journey with vulnerable rangatahi by providing preventative and mana-enhancing support that encourages and empowers them and their whānau to reach their potential. Their work is primarily focused in the Papatoetoe community.

Working within local schools, PACT provides at-risk students with small group and whole class mentoring, as well as running sports activities, and delivering drug and relationship courses. Their new partnership with Upside will enable them to further enhance outcomes for young people through focused one-on-one mentoring support for those needing a positive adult role model in their lives.

PACT have partnered with Upside since late 2022.



A few of the PACT staff with newly trained mentors.



Game-changing outcomes

Beyond incredible stories of lives changed, we've sought analysis from independent researchers. AUT, University of Auckland, and ImpactLab have validated that young people mentored through Upside experience improved mental and physical health, and have a reduced risk of violence, addiction, committing crime, or being removed from the home.

*ImpactLab analysis shows every dollar
donated to Upside generates a*

470% social ROI for Aotearoa

Your investment in our mahi is building strong, resilient communities - one mentoring match at a time. Thank you!

*"This has been an incredible experience. I now see the world
through different eyes, wider and more empathetic."*

– Tim, Mentor

Our key points of difference from other mentoring organisations:

- 1** Our early intervention model is focused exclusively on *vulnerable* tamariki and rangatahi, aged 9-13 – those that have experienced Adverse Childhood Experiences and are at risk of long-term negative outcomes.
- 2** Our referrers are exclusively schools, particularly in high deprivation communities. This means the needs of the child and their whānau are known and additional supports can be provided through this network.
- 3** We run dynamic events to foster relationship building and a sense of community between mentors, young people and their families.
- 4** We have a unique partnership model – not only do we deliver our programme ourselves, we also train other organisations to run the Upside programme in their communities, and provide them with specialist supervision and support.

Doing the mahi: 2022 leadership team

Phil Trotter: Mentoring Manager



Working at Upside, I am constantly reminded why I chose this path. Our 'hub' model is going from strength to strength, integrated in local communities where schools make referrals. The trust the schools have established in the community makes the referral process so much easier for our team, the students, and their parents/caregivers. Upside has built a strong presence and reputation, and we are honoured to be part of this journey in the community. In 2022, we were finally able to resume hosting events, including the exciting overnight camp in Ngāruwāhia!

We've seen a great turnout to our events due to the strong connections our Mentoring Coordinators are establishing with mentors, families and young people, fostering confidence in our programme.

Daryl Powell: Partnerships Manager



Partnerships are always a special buzz – the Upside vibe really shines through in these new communities. In 2022, I had the pleasure of journeying alongside amazing legends at Springboard, Tipu Skills for Life, CYC Trust and PACT - training 42 volunteers and also matching 39 fresh mentors with young people in their communities. I tag along to the events they hold for matches and get to be part of their team on the ground. It's like I work at four other organisations alongside Upside – that's how closely we work together! I love seeing the community partner together to get more young people supported.

Rachel Clarke: Fundraising Manager



As 2022 began, Upside was still finding its footing with fundraising and fundraising systems, and our subsequent efforts have resulted in the collation of a great database of wonderful individuals, corporates and trusts. I love speaking with the amazing people who choose to support our mahi! We were thrilled to launch 'The Koha Crew' in 2022, recognising those who commit to a monthly donation which helps Upside's sustainability. Connecting with new grant makers has been another highlight, including Simplicity Foundation who are supporting

our partnership model. Our Upside Cup fundraising event also returned after a hiatus due to COVID. Held in November, this exciting sailing regatta on the Waitematā Harbour raised \$29,000! Thanks to all the business teams that competed and made it such a fun and rewarding event!

Creating a collaborative community

Building high trust with schools, our referral partners

We build deep trust with schools as our referrers and primary collaborators. As a pivotal, trusted institution in high-needs communities, schools are in a unique position to share appropriate knowledge on the child's needs and special circumstances. Together we create an ecosystem of support, wrapping around the child and their whānau.

Recently a principal described our programme as 'world class'. We believe, by working in partnership, we maximise our success. Together we share knowledge on the child's challenges and successes, journeying with a shared sense of purpose to help the young person reach their potential.

Within Auckland, we work with schools across three hubs:

- 1) Central-West - Avondale/Mt Roskill
- 2) North Shore
- 3) South-East - Mt Wellington/Ōtāhuhu

To enhance our impact, we have a wider network of community partners enabling us to connect families with wraparound services, as needs arise.

"Panama Road School is most grateful to Upside for the amazing work they do with our students. We are delighted to see the supportive, healthy relationships formed between the mentors and mentees, both immediate and long-term. The positive impact cannot be underestimated. We're seeing a shift in academics, school attendance, social interactions and within the homes of some of the mentees. The students who benefit from having a mentor feel connected, motivated and hopeful."

- Joy, Learning Support Coordinator, Panama Road School

Collaborating with Big Buddy, Big Brothers Big Sisters and First Foundation

In 2022, we invited three other mentoring organisations to share our office space in Greenlane – Big Buddy, Big Brothers Big Sisters, and First Foundation. Together we have created 'The Mentoring Whare', to optimise our impact through shared learning and collaboration on special projects.



Feedback from our young people and their whānau...

"I am very blessed to have my mentor because he is so clever and wise, and helps me with real life things. I have done a lot of things and learnt a lot of things since having a mentor. I hope I get to be with my mentor for a long time."

– 10 yr old boy

"I've seen [my son] grow so much [because of his mentor]. He used to hold things back but he tends to express himself more. He's less aggressive towards his younger sister. His teacher emailed me to say his behaviour has improved a lot!"

– Mother of 9 yr old boy

"Alex is very confident and [she] is very nice towards others and likes helping other people and loves animals. I really like this about her."

– 12 yr old girl, describing her mentor

"When we made cupcakes, we messed up the whole kitchen and her dog kept eating the leftovers!"

– 13 yr old girl, sharing a favourite memory

"Thank you for helping my son find his potential and giving him opportunities he wouldn't have received if he wasn't with Upside. I [hope] all whanau [in] this programme get the same amazing results we have."

– Mother of 12 yr old boy

"Thank you for everything you have done for me, for being there, understanding me, sheltering me all the time. Thank you!"

– 12 yr old girl's message to her mentor



Mentoring magic: What our mentors say...

"I spoke to my young person's teacher and they said, 'I don't know what you're doing with that kid, but it's working... because he's smiling now, he's singing in assembly, he'll say hi to you when you say hi to him and he never used to do that.'"

"During a conversation with his Mum she said that he'd changed a lot since starting the programme and she was really happy he's going back to his loving caring ways!"

"She wants me to help her train for her cross country as she doesn't want to keep coming last, so we are going for a training run tomorrow!"

"Sierra didn't talk much at the beginning, so I gave her room and time to gain her trust. Then last Wednesday when I dropped her off at her porch, she gave me a quick hug... When I was walking to my car she yelled 'thank youuuu', which reassured me we're on the right track!"

"I love Upside and feel well supported. [Now that my match has graduated] I'd love to help another young person."

What school referrers are saying...

“Wairau Intermediate has had the good fortune to [work with] Upside for the past two and a half years. Our students who have had mentors have benefited hugely – truly a highlight of their week!”

Upside thoughtfully matches the mentors with the mentees, so that the relationship is mutually beneficial. I am immensely grateful for the time and effort the mentors put in to support our students who are lucky to be part of this outstanding programme.”

- Judy, Deputy Principal/SENCO at Wairau Intermediate



“Glenavon School has been working with Upside since 2020. Their mentoring programme helps support our tamariki outside of school and the Upside team are visible in our school community and are well known with our families. This is a great way to build relationships and trust.

The students with mentors are the best advertisement for the programme. They tell their friends about what they have done with their mentor and the activities Upside offers. I love hearing the different stories and how each mentor responds to individual students’ needs and interests.

[The Upside programme] also benefits our families as they build lasting relationships with the mentors and they are often seen as ‘part of the family’.”

- Rochelle, Assistant Principal/SENCO at Glenavon School

Events to build deeper connections

As well as providing our matches with some amazing experiences together, our Upside events also provide an opportunity for mentors and rangatahi to connect to the wider Upside community, building a network of supportive, positive relationships.

In addition, we host a number of ‘Level Up’ training events for mentors through the year. These events are focused on building the mentors’ toolkit of skills and creating opportunities for shared learning and discussion.

LEVEL UP
Tips on Mentoring
After Lockdown

LEVEL UP
Activities for
wellbeing

JAN

FEB

MAR

APR

MAY

JUN

JUL



Pool Day: Parnell Baths

Over 80 people come out for swimming, games, inflatable races, yummy kai and many long overdue conversations face to face.



Gravity Trampoline Park: Mt Wellington

There was a great turn out for this evening event, with lots of bouncing off the walls! It was great for each mentor to bring their young person to try new experiences together and an indoor activity for winter.

LEVEL UP
Learning Active
Listening Skills





Cultural Day: Awataha Marae

This wonderful day of learning kicked off with a pōwhiri led by Pio Terei, followed by a session on the Te Tiriti o Waitangi with Hannah Chapman and a number of hands-on learning activities for our team, our mentors, and our partner organisations. The day included ti rākau (stick games) and creative raranga (flax-weaving), concluding with poroporoaki (a farewell) where each shared what we'd experienced. Many reported the day had increased their confidence in bi-cultural settings, which is vital as we support rangatahi and whānau with a broad diversity.



AUG

SEPT

OCT

LEVEL UP
Mental Health
First Aid



Clip'n Climb: Mt Eden

Over 50 mentoring matches joined us for a fun, interactive evening of indoor rock climbing. Many of the young people who experience anxiety gained confidence to take healthy, calculated risks. The evening strengthened trust between matches, with mentors encouraging their young person to reach greater heights. As with all our events, the evening was topped off with some delicious food.



Camp: Ngāruawāhia

Camp 2022 was a great success with 36 young people, and their mentors coming away for the night. Starting with the bus ride there, then lots of activities, shared kai, fun games/challenges, and even toasted marshmallows! It was a great time for creating community and reviving the buzz of being an Upside family. New friendships were formed that saw some matches pair up over the summer.



NOV

DEC

Christmas Celebration at Glenavon School

The year wrapped up with our annual Christmas party for matches, at Glenavon School – one of our referral partners. There was creative face painting, high-energy games, swimming, and a surprise (secretly pre-planned) visit from Mr. Whippy. Thanks to CBD Energy who donated towards a yummy lunch. Upside provided fabulous food parcels to our young people afterward (thanks to LIFE Church), to help reduce the Christmas food burden on their families.



From fighter to school leader: TONY'S STORY

In May 2022, we received a referral for an 11 year old boy, Tony*, who had just moved from Tonga to New Zealand. The move was sudden and unplanned due to a family emergency. Within the space of a few days, Tony and his family had to pack up everything they had known and relocate to New Zealand. As you can imagine, this was very unsettling for the whole family and especially for Tony.

His father works hard to support the family and provide for the children's basic needs, but there is no money spare for extras. His father and stay-at-home mother are doing their best to be good parents.

Tony quickly needed to adapt to his new life and surroundings in a very different world to the one he was used to. Starting at a new school, navigating new friendships and finding a place of belonging was overwhelming for this young man.

Tony was anxious and insecure, needing extra support to build his confidence and self-belief. He developed a mouth and shoulder 'tick' when he became upset or stressed out. Because of this, Tony was being teased by other students and would



often end up in fights. It got to the point where Tony was fighting a number of times a week and this became his coping mechanism.

Tony needed the opportunity to learn new coping skills, to improve his mental health and build resilience. That's where Upside was able to intervene with mentoring. We identified a great mentor that would be able to journey alongside Tony, and spend quality time with him listening and being present.

Initially Tony was very quiet, shy and reserved when meeting with his mentor. However within the first few months of being matched, we saw this young man grow in a number areas of his life. His character improved and he began demonstrating leadership qualities.

As a result, Tony has been given the opportunity to be a student leader. He has helped to organise school events and is now respected by his peers.

"[Since getting a mentor] Tony has stopped fighting and being disrespectful at school. In fact, he's now a school leader! He often shares words of encouragement at assemblies, and students are now seeking out his advice." — Tony's teacher

He has continued to build resilience and challenge himself to grow in his development. The school believes these incredible changes started when he was matched with his mentor.

His parents tell us that Tony is more helpful around the house and more respectful to his siblings. He will now take the initiative and do things without being asked.

His parents have attributed these changes to Tony having another positive adult in his life. They have explained that Tony feels so loved and special because he gets weekly time alone with his mentor and away from the busyness of his home.

Tony and his mentor have an incredible friendship and Tony has often mentioned that he can be himself around his mentor, that he can talk and share his challenges and get some good advice on how to deal with these.

Tony shared that he was so grateful that his mentor takes time to spend with him. He cherishes his weekly hangouts with his mentor and sees him as a wise and caring big brother.

A life-long bond: AMBAH AND DANIELLE'S STORY

When Ambah arrived in New Zealand from Niue, she was soon referred by a medical practitioner to Upside. Raised by a solo mother with (eventually) 12 children, her Mum struggled significantly. As the eldest, Ambah assumed many of the adult responsibilities in the home, including caring for her siblings.

In the referral process, Ambah remembers being asked what sort of person would make an awesome mentor for her, and what activities she liked doing. As she reflects on her later match, she can see clearly why they were matched together – they have so much in common!

“We started hanging out together almost seven years ago, when Ambah was almost 11. When I was about to meet Ambah for the first time, I was obviously a little bit nervous... but so excited. Then this young, fun, bundle of joy came bouncing out of the house and just gave me a massive hug. I’ll always remember that,” says her mentor, Danielle.

From that day forward Danielle became part of Ambah’s family – some of Ambah’s siblings even called her Aunty!

Danielle and Ambah bonded over baking, with red velvet cupcakes a favourite! In the early days they read books together and today joke about how Ambah would sometimes fall asleep while Danielle read *The Chronicles of Narnia* to her. Danielle says they have amazing conversations, especially when they’re in the car together.

Talking with these two you can feel the positive energy, love, and mutual adoration they share and the bond they’ve committed to growing.

“Without Upside, I wouldn’t have been able to have Danielle in my life [all these years]. We’ve done some amazing things together. Even the little things such as going out to the movies, or going to the [Upside] Beach Day to hang out,” says Ambah

Since the start of their journey in early 2017, they’ve navigated so much of Ambah’s life together. From testing Danielle’s math knowledge, to transitioning into new schools, working through family challenges, and navigating the ups and downs of friendships. Now Danielle is supporting Ambah’s latest adventure as she begins



part time Early Childhood Education studies at Manukau Institute of Technology, while completing Year 13 by correspondence.

“I think a lot of things happen in teenagers’ lives that a lot of adults don’t really recognise. [My mentor] Danielle seemed to be the type who would think more like me instead of as a parent. And she’d be like, ‘That’s fine, it’s okay, it’s normal’. I’ve told her when I’m down, cause I’ve had a lot of things happen to me for the past few years. Just sitting down and talking has impacted me so much, and I think without that, I probably would’ve kept a lot of things inside,” Ambah said.

The strong young woman she has become today is a testament to the consistent influence and positive role modelling Danielle has provided. Ambah is a confident, positive and brave young woman, whose life trajectory changed the day she first hugged Danielle.

These two are adamant they will be involved in each other’s lives forever!



Have you considered becoming a mentor?

Be part of a life-changing story!

As an Upside mentor, you get a front-row seat on this incredible journey – a journey that will not only impact a young person's life but also enrich your own!

Our mentors are just everyday people. It's about showing up consistently, being non-judgmental, ready to listen and support, and being up for a bit of fun - like an awesome aunty or uncle.

Interested? Let's talk!

You can find out more at:
www.upside.org.nz/join-the-crew/mentor/



Financial Review

The financial year ending 31 December 2022 was another year of change and adjusting to the long tail effects of COVID-19. We are so grateful for your loyalty and generosity which has increased our overall revenue to \$900,000.

We remain funded by generous private donors contributing \$275,000 and we have also received over \$500,000 from trusts and grant makers. These tagged funds were allocated to specific costs such as Mentoring Coordinator salaries, vehicle leases and fuel, delivering events such as camp and many of the costs associated with running the youth mentoring programme.

Upside Youth Mentoring currently holds seven months of funds in reserve, in line with not-for-profit best practice. This is particularly important for Upside, as we have a 12-month obligation to supervise mentors and young people in our programme.

To receive a complete set of audited financial statements, please email donations@upside.org.nz

Statement of Revenue and Expenses

For the year ended 31 December 2022

		2022	2021
Revenue	Donations, fundraising and other similar revenue	811,770	666,842
	Revenue from providing goods or services	57,008	128,080
	Interest, dividends and other investment revenue	4,210	482
	Other revenue	36,743	-
	Total Revenue	909,731	795,403
Expenses	Expenses related to public fundraising	36,630	20,242
	Volunteer and employee related costs	614,537	457,308
	Costs relating to providing goods and services	224,306	150,967
	Donations and grants made	1,649	3,908
	Other expenses	43,985	24,959
	Total Expenses	921,106	657,384
	Surplus/(Deficit) for the year	(11,376)	138,019

Statement of Financial Position

For the year ended 31 December 2022

		2022	2021
Assets	Current Assets	559,590	605,864
	Non-Current Assets	28,950	16,819
	Total Assets	588,540	622,683
Liabilities	Current Liabilities	203,931	226,698
	Total Current Liabilities	203,931	226,698
Total Assets less Total Liabilities (Net Assets)		384,609	395,985
Funds	Total Accumulated Funds	384,609	395,985

What absolute legends!

They say ‘it takes a village’ and we’re enormously grateful to each of our amazing donors for partnering with us to create sustainable change in the greater village of Tāmaki Makaurau!

Our heartfelt thanks to Johnson & Johnson for your generous partnership in Mt Wellington/Ōtāhuhu, to Tax Management NZ and the Whakatupu Aotearoa Foundation, and to Simplicity Foundation for your valuable contributions to our partnership model. It is an absolute honour to join forces with you in our collective mission to empower the youth of Aotearoa.

And to the incredibly loyal group of legends who donate to Upside weekly or monthly – whom we affectionately call ‘The Koha Crew’ – your consistent donations are invaluable. You enable us to plan with confidence and create lasting change.



To the organisations, trusts, foundations and corporate donors featured on the opposite page, a very special for your tremendous support!

Ngā mihi nui ki a koe to each and everyone.

“I give to Upside because I believe they can change the worlds of young people, and show them new ideas and experiences. Genuine human connection and unconditional aroha is how we can uplift rangatahi needing that extra support.”

— Donor who joined The Koha Crew giving monthly in January 2022





*Every young person is one
caring mentor away from
a success story.*



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